West, Mary S. Excerpt from "Efficiency Committee Meeting, Saturday, Nov 25, 1916." Chicago History Museum. Chicago Woman's Club Records. Box 25, Folder 1.

"...Dr. Herman K. Adler, Professor of Psychiatry at Harvard University, and Director of Cook County Survey of the National Committee for Mental Hygiene, spoke on "The Problem of Delinquency from a Psychiatric Point of View." Dr. Adler emphasized the need of knowledge, and not emotional reaction, in dealing with cases of delinquency; the fact that it is very difficult to draw the line between the abnormal, feeble-minded and insane; and that practically no one is normal – physically and mentally. Our attitude toward delinquency should be – not that "Punishment fits the crime," but that "Treatment fit the Criminal.""